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COLE HARBOUR MMA HAS HIS WORK CUT OUT FOR HIM WHEN HE FACES UFC CHAMP BENSON HENDERSON **PAGE 21**



I can't see the difference, can you see the difference?

Mike Savage compares himself to Brad Pitt in new YouTube video, urges viewers to 'Vote for Halifax' **PAGE 3**



GREAT SCOTS! IT'S A CLEAN SWEEP

Private Marty Johnson, from left, Cpl. Jordan Gracie and Private Robyn Hardy of the 78th Highlanders clean up trash on Prince Street in downtown Halifax on Wednesday. They were some of the more than 100 volunteers participating in the city's 19th annual Clean Sweep.

JEFF HARPER/THE CANADIAN PRESS

Assaults plummet downtown

Safety strategy. Serious incidents down more than 50 per cent: Police



RUTH DAVENPORT
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One year after launching a new safety strategy for the downtown core, Halifax Regional Police say the crime stats are looking pretty good.

The Downtown Safety Strategy, launched June 1, 2012, was designed to improve public safety downtown by reducing public intoxication and the number of assaults. Beat officers wearing traffic vests patrol the streets, talking to patrons, checking for signs of excessive drinking, and stroll through bars and restaurants to curb incidents that can spill out onto the street.

"The bulk of the com-

ments we've had are that the strategy's been very effective," said Paul MacKinnon, executive director of the Downtown Business Commission. "The police seem to have a good presence."

"It's about feet on the street. That's what the business community consistently says they want to see."

Serious assaults fell in the downtown core from a five-year average of 68 incidents to 32 incidents last year, a drop of 52 per cent. Total assaults, including common and serious assaults, dropped by 17 per cent from 196 to 161.

MacKinnon said the next step in reducing violent crime will come from getting more cabs and buses running to get people out of the downtown core after the bars close.

"That seems to be when violent incidents happen, it's when people are milling around, they're waiting for cabs or whatever," he said.

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Get the balls rolling with spay-neuter clinic



Sandra Flemming, director of Animal Care of the Nova Scotia SPCA, gives a tour of the SPCA's new spay-and-neuter clinic in Dartmouth on Wednesday.
JEFF HARPER/METRO

Fixed. SPCA facility means end of romance for thousands of fecund felines in HRM



RUTH
DAVENPORT
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The ribbon has been snipped on the SPCA's new snipping factory.

Outgoing executive director Kristin Williams officially opened the new high-volume,

low-cost spay-and-neuter clinic at the provincial shelter in Burnside Wednesday.

"This was one of the first things I wanted to do when I came on board with the SPCA," she told the small crowd. "I knew it was the most effective way for us to combat overpopulation and end the cycle of cruelty, neglect and abuse."

The surgical clinic — the first of its kind in Atlantic Canada — is small but mighty, boasting diagnostic equipment that will save up to 60 trips a week to off-site clinics. Most importantly, the clinic

will be home to a specialized surgical team trained in the assembly-line techniques needed to spay and neuter an astounding 30 animals a day.

"It takes about three minutes to do a neuter and six to eight minutes to do a cat spay," said shelter manager Sandra Flemming, leading a tour of the compact, gleaming suite of rooms. "This shelter is as efficient and well-run as you could possibly get."

Williams said the plan is to eventually increase the number of surgery days from the current three a week to five — and

By the numbers

3,000

the number of animals that could be fixed every year in the new clinic.

perhaps, in time, seven.

"We know as many as 80 per cent of breeding-age animals need to be altered to make a change in the intake in our shelters, and that's not going to happen unless you have accessible spay-neuter," she said. "So I hope that this is just the start."

Pitt's doppelgänger

Savage scores big laughs with YouTube video



Mayor Mike Savage
JEFF HARPER/METRO

Less than a year into his first term, Mayor Mike Savage may have just secured his second.

A short YouTube video launched this week features the mayor of HRM deadpanning his way through all the similarities between himself and Hollywood heartthrob Brad Pitt.

"I know what you're thinking, but the camera adds 10 pounds," says Savage, browsing the wares at Biscuit General Store on Argyle Street. "And we're using a bunch of cameras."

The video was made to encourage residents to vote for Halifax to get a Main Street makeover from Benjamin Moore.

Savage goes on to list other ways his life has resembled Pitt's movie roles — "Brad Pitt starred in Ocean's Eleven. I used to play in the ocean when I was 11" — before getting to the point. "One thing Brad and I can agree on: Main Street matters," says a smiling Savage. "And I want you to vote for Halifax."

Reaction on social media is overwhelmingly positive.

"Well done sir! Love the video, and will def vote for #Halifax for the main street makeover!" read one tweet.

RUTH DAVENPORT/METRO

1 NEWS



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Knock-knockin' on Hali's door

Come on in and take a look around. This weekend marks the first-ever Doors Open Halifax



HALEY RYAN
haley.ryan@metronews.ca

Halifax is throwing open its doors this weekend, and everyone is invited. For the first time ever, Doors Open Halifax is holding free viewings of over 30 buildings in Dartmouth, Bedford and Hali-

fax normally closed to the public.

"It appeals to the natural curiosity that we all have," said Hugh MacKay, president of Doors Open Halifax.

"This is an opportunity for us to go into buildings in our own neighbourhoods, in our own backyards in some cases, where we've walked by these places on our way to work or on our way to school."

Halifax is in a "pivotal time" where heritage and new developments are coming together, MacKay said, so it's a perfect time to showcase older buildings alongside new ones like King's Wharf, and

Welcome to our world

"We let people come in and we shine a bit of light, and let people see what's going on."

Mayor Mike Savage

different places of worship.

Venues will be open from 10 a.m. to 4 p.m. on Saturday and Sunday, with some holding tours like the new Halifax Central Library site or allowing access to private buildings such as Government House.

Mayor Mike Savage said he is excited to have the city participating in the program, which pushed him to discover that magician Harry Houdini was in a prison cell at City Hall.

"(People) don't know enough about their heritage, and we don't tell enough stories about what's gone on," Savage said. "But what we've done in past has an awful lot to do with what we do in the future."

In coming years, MacKay said he would like to see themes exploring military, green energy and biotechnology buildings.

Where do you think you're going?

Some of the venues opening Saturday:

- Keith's Brewery, Halifax City Hall, Government House, Halifax Central Library, Canadian Hurricane Centre, St. George's Round Church, Dalhousie University Club, Ummah Mosque, Halifax Club, Beth Israel Synagogue, Halifax Wastewater facility, the Grainery Lofts and St. Patrick's Church.



Halifax City Hall



Chris Davidson tunes the piano inside St. Patrick's Church on Brunswick Street on Wednesday. The church is one of many buildings that will be taking part in Doors Open Halifax this weekend. JEFF HARPER / METRO

Country road, don't take me home

The Cape John Road in River John has been voted Atlantic Canada's Worst Road, according to the Canadian Auto Association.

This year marked the third Canadian Automobile Association Worst Roads campaign and attracted 4,045 votes to identify the region's worst roads. The campaign was launched on May 1 and wrapped up on May 31.

"This campaign will help put a real focus on problematic and dangerous road conditions in the region," said Gary Howard, vice-president of communications for CAA. "By doing so we can actively engage all necessary levels of



Cape John Road in River John. NEW GLASGOW NEWS

government to encourage repairs and changes." METRO

Perilous paths

The top worst roads within the region are:

1. Cape John Road, River John Road
2. Hanwell Road, Fredericton, N.B.
3. New Brunswick 630, Andersonville, N.B.
3. Forties Road, New Ross
4. Foxbrook Road, Hopewell
5. Kempt Head Road, Ross

Ferry

- T-6. Nova Scotia 203, Kemptville
- T-6. Ridge Road, Digby
7. Rothesay Avenue, Saint John, N.B.
8. Balmoral Road, Tatamagouche
9. Pleasantview Ave, Paradise, N.L.
10. Fredericton Road, Salisbury, N.B.

Free for all!

A little bit of curbside appeal

It's that time again where one person's junk becomes another person's treasure.

The latest HRM Curbside Give Away Weekend is running this Saturday and Sunday. Any unwanted but reusable items are to go to the curb in front of your house on Friday night with a "free" sign on it.

All the municipality asks is that any leftover items not picked up by Sunday night are removed, and possibly donated to a local charity. The pickup goes on rain or shine.

METRO

Youth poll. Liberal vote is up, and jobs are vital

According to a new poll released by the Springtide Collective Wednesday, jobs and the economy were the most important issues facing young people.

Interviewers polled 693 Nova Scotians 18-30 years old across March and April, with 42 per cent saying they were most concerned about getting a job.

Social welfare and poverty alleviation was the second most important issue, with 13 per cent, followed by the environment at eight per cent.

If a provincial election was called tomorrow, the survey suggests the Liberals would have 31 per cent support, with 28 per cent preferring NDP.

Eight of 10 people said they would vote in a provincial election, and 54 per cent of respondents who recognized him said they preferred McNeil as premier over Baillie or Dexter.



Premier Darrell Dexter

METRO FILE PHOTO

About 70 per cent of those interviewed said they were somewhat or very interested in politics.

However, less than a third (30 per cent) of young people recognized Premier Darrell Dexter, and about one in 10 knew McNeil and Tory leader Jamie Baillie when they saw them.

The margin of error for the poll is plus or minus 4 per cent, 19 times out of 20 with the younger population.

HALEY RYAN/METRO

Conservation. Program aims to make Mi'kmaq homes energy-efficient

The province has set aside \$1 million for a program that aims to reduce energy consumption in Mi'kmaq communities across the province.

Premier Darrell Dexter and Efficiency Nova Scotia, a

A sustainable start

The project is already underway at Paqtnkek First Nation in Afton, while training and installations in the other communities will take place this year.

non-profit organization, say the money will help fund the installation of energy-efficient products in Mi'kmaq households over the next year.

Energy consulting company Sustainable Housing will train community members in the province's 13 Mi'kmaq communities to make the changes.

Some of those changes include replacing incandescent bulbs with compact fluorescent lights, installing new kitchen and bathroom faucets and low-flow shower heads and insulating exposed water pipes.

THE CANADIAN PRESS



A paramedic worker loads a patient into an ambulance outside the QEII hospital on Wednesday. Paramedics could be on strike as soon as this Saturday.

JEFF HARPER/METRO

Province tries to stall possible paramedics strike

Labour dispute. N.S. appoints mediator to assist with negotiations; union can strike as early as Saturday

A mediator has been appointed in a bid to prevent a possible strike by 800 paramedics in Nova Scotia, which could come as early as this weekend.

Labour Minister Frank Corbett said Wednesday he has named John Clarke to help with negotiations between the unionized paramedics and

their employer, Emergency Medical Care Inc.

Clarke is a veteran arbitrator and lawyer from St. John's, N.L., who has mediated numerous labour disputes.

The paramedics, represented by the International Union of Operating Engineers, Local 727, will be in a legal strike position Saturday.

Terry Chapman, the union's business manager, said Wednesday the union expects to meet with the employer and the mediator before the end of the week, but the company has yet to make contact.

"Unless the employer returns to us with something that will satisfy the member-

By the numbers

2011

The year the paramedics last had a contract.

ship ... then we intend to continue going forward, and we'll be in a legal strike position to withhold services on June 8," he said in an interview.

"We're not willing to commit to putting this off for another two weeks or a month just because the employer wants to sit at a table and do nothing."

Chapman said the out-

standing issues include wages and the union's demand for defined-benefit pensions instead of defined-contribution plans — something most other health-care providers in the province already have.

He said the union also wants a standard three-year deal instead of a five-year contract as suggested by the employer.

Last week, the paramedics rejected the latest contract offer from the company, which has a contract with the province's Emergency Health Services branch.

The company has said it has plans in place to deal with a strike.

THE CANADIAN PRESS

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Oceans 13: Dalhousie dives into new research centre

Research. Chair will examine causes of rogue waves and ocean changes

Dalhousie University is out to sea with its latest building.

On Wednesday, the university launched the new 76,000-square-foot Dalhousie Ocean Sciences Building, which contains four floors of research labs, offices and an atrium connected to Life Sciences Centre.

"It's a coming of fruition of many, many researchers," said Martha Crago, vice-president of research for Dalhousie.

Crago said about four years ago, the university started planning for the building when it was competing with other schools to receive a Canada excellence research chair.

Among 18 academics, Dr. Doug Wallace was appointed as the ocean-science chair for Dalhousie two years ago, and he needed a "very special and interesting" lab setup to conduct his research.

The \$41.5-million centre is also home to research, track-

ing and prediction institutes with room for future offices on the top floor, Crago said.

Also on Wednesday, the federal government announced \$800,000 would go toward Wallace's portable labs, which can be loaded onto container ships and taken for experiments into the North Atlantic.

"People will be working in it, it'll come back and unload, and they'll continue the work when it's sitting on shore," Crago said.

The centre is important to Haligonians because it will draw in new students with an ocean-science undergrad, Crago said, and Wallace is researching the cause of storms and rogue waves that have killed young fishermen in the past.

"Scientists will be working with local industries to develop the equipment that helps people to be able to see when something like this might come their way," Crago said.

"The devices will help them to both understand the ocean, but also keep living with this ocean."

HALEY RYAN/METRO



Dalhousie University's new Ocean Sciences Building, which was launched on Wednesday. JEFF HARPER/METRO

Repeat offender jailed for drinking and driving

A 30-year-old Howie Centre father of three was sentenced Wednesday to two years in a federal prison and prohibited from driving for 15 years after pleading guilty to his sixth conviction related to drinking and driving.

John Alexander Mullins must also complete a three-year probation period after his jail sentence, which also

includes a 62-day concurrent sentence in default for 35 outstanding fines under the Motor Vehicle Act. The fines, incurred from 2003 to 2013, total \$43,899.67.

"Yours is the worst driving record to come before me in some 15 years," provincial court Judge David Ryan said in passing sentence.

Ryan said the driving re-

cord shows that Mullins was totally inconsiderate when it came to protecting the lives and safety of others, and that it was simply good fortune that Mullins never killed or injured anyone as a result of his drinking and driving.

The first conviction was registered in 2003, when Mullins pleaded guilty to failing a breathalyzer demand and was

fined and prohibited from driving for one year.

He was again convicted in 2004 and sentenced to 14 days and banned from driving for two years.

He was convicted in 2007 for failing a breathalyzer test and received 14 days in jail, a driving ban for two years and 18 months probation.

In 2010, Mullins was con-

victed of refusal and handed 45 days, a two-year driving ban and one year of probation.

His sentence on Wednesday was a result of his fifth and sixth convictions on two counts of refusal and two counts of driving while disqualified in April 2012 and October 2012.

CAPE BRETON POST

Lifetime ban rejected

Both Crown prosecutor Glen Gouthro and defence lawyer Cheryl Morrison recommended Mullins be banned from driving for life. However, the judge expressed concern over such a total ban.

Richmond Street

Woman hit with drug charges after raid on apartment

A 28-year-old Halifax woman is facing charges after police conducted a drug search at an apartment in the city.

Police said at 8:30 p.m. Tuesday, they went into

an apartment on the 5200 block of Richmond Street and found hydromorphone, marijuana and cash.

The woman was arrested at the apartment and is facing charges of drug possession and drug trafficking.

She is due in court on July 9.

METRO

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metronews.ca



College

NSCC boosts tuition for 2013-14

Tuition levels are going up at the Nova Scotia Community College.

A release from the college on Wednesday states that the school has accepted a recommendation from the board of governors for a three per cent hike.

That will add \$85 to

the cost of a full-time core program.

The cost of aviation programs will drop by 25 per cent, or \$3,000.

Advanced diplomas and fees for international students will rise by 15 per cent, or \$590 and \$1240 respectively.

Health information management and radio arts programs are exempt from any increase.

METRO



The NSCC waterfront campus.
METRO FILE

Dartmouth

Teen suspect nabbed in theft

Police have charged a 15-year-old boy after a robbery in Dartmouth.

A man was walking near the coast guard building off Parker Street around 1:15 p.m. Tuesday when the three armed assailants approached him.

METRO



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Tory caucus. Alberta MP quits, cites transparency issues in government

Alberta MP Brent Rathgeber says he has resigned from the Conservative caucus because of what he says is the government's "lack of commitment to transparency."

Rathgeber, who represents the Alberta riding of Edmonton-St. Albert, announced his resignation on Twitter late Wednesday.

He had complained last week about disappointment in the party base about scandals in the federal government.

Rathgeber said federal power had slowly been transferred from the House of Commons to the cabinet and ultimately to the Prime Minister's Office.

Rathgeber, who has a reputation for being blunt and straightforward, said the Conservatives were elected in part on a promise to change that.

Rathgeber, a native of Melville, Sask., is a two-time MP first elected in 2008.

THE CANADIAN PRESS

Jamaica. 'Unrelenting violence' against kids a chronic problem: UNICEF

The United Nations' child welfare agency said Wednesday that it is deeply concerned about what it describes as "unrelenting violence" against youngsters in Jamaica, including the recent beheading of a 4-year-old girl.

Robert Fuderich, UNICEF's representative in Jamaica, said a recent spate of grisly crimes targeting school children has underscored a chronic and disturbing problem in the Caribbean country that has put au-

Sinister trend

"The killing of several children, in close succession, is a tragic reminder of the violence being meted out to children on a daily basis."

UNICEF representative Robert Fuderich

thorities on alert and parents on edge. THE ASSOCIATED PRESS

Tainted beef. Indecisive report on nation's juiciest recall leaves bad taste

Nearly a year after tainted Alberta beef sickened 18 people, briefly blocked exports to the U.S. and cast doubts on the safety of Canada's food supply, no one can say for sure what led to the largest meat recall in Canadian history.

It could have been a horde of germs from a contaminated animal passing through a super shredder, a new report suggests. Or an improperly decontaminated carcass. Or simply a case of too much bacteria for

the plant to handle.

One thing is for certain: Neither staff nor federal inspectors at the XL Foods plant in Brooks, Alta., were taking food safety seriously enough last September to prevent the crisis from happening, a three-member review panel has concluded.

"We found a relaxed attitude towards applying mandatory procedures — clearly outlined in some documents, less so in others," says the report.

THE CANADIAN PRESS



Femen activists expelled

Tunisian feminist activist Amina Sboui, hidden by a veil, is escorted by police officers as she leaves the courthouse in Kairouan, Tunisia, Wednesday. Sboui, a Tunisian member of radical Ukrainian feminist group Femen, scandalized the country by posting topless photos of herself protesting for women's rights in March. Three members of the group were expelled from Tunisia on suspicion they were planning a topless protest in front of the court where their colleague was being tried for another incident, the Interior Ministry said Wednesday. THE ASSOCIATED PRESS

At least six dead after building collapse: Mayor

Philadelphia. Victims pulled from rubble as demolition gone wrong buries adjacent store

A building that was being torn down collapsed with a thunderous boom Wednesday, raining bricks on a neighbouring thrift store, killing six people and injuring at least 13 others in an accident that witnesses said was bound to happen.

Early reports from Mayor Michael Nutter had been that one woman had died in the Wednesday morning accident, but rescuers using buckets and their bare hands to move bricks and rubble kept working through the evening. Body bags were removed from the collapse site at night, and Nutter said at a news conference that authorities didn't know how many people had been in the thrift shop or on the sidewalk.

Nutter said the city's emergency workers had been "dili-



Firefighters carry a survivor from the rubble of a four-storey building that collapsed in downtown Philadelphia Wednesday. MICHAEL BRYANT/PHILADELPHIA INQUIRER/THE ASSOCIATED PRESS

gent, determined, focused" in their rescue efforts.

"If anyone else is in that building, they will find them," he said.

One woman was pulled from the rubble of the Salvation Army thrift store two hours after the 10:45 a.m. col-

lapse when rescuers heard her voice, city fire Commissioner Lloyd Ayers said. Rescuers had been prepared to dig through the rubble all night because they didn't know how many people were in the thrift store when the building collapsed on it. THE ASSOCIATED PRESS

Shoddy work?

"We've been calling it for the past week — it's going to fall, it's going to fall."

Window washer Dan Gillis

Vancouver

Nanny claims she was forced to work 16-hour days

A Filipina nanny's voice tensed up with emotion as she described the day she called police after one of her employers pushed her and doused her with a jug of water in Vancouver.

Leticia Sarmiento, who

is testifying at a human trafficking trial, said Wednesday that the physical altercation in June 2010 involved Oi Ling Nicole Huen.

Sarmiento said she called police and finally escaped from the home where she had been working as a live-in nanny since 2008.

Huen and Franco Yiu Kwan Orr are facing charges after allegations that they forced Sarmiento into domestic servitude. THE CANADIAN PRESS

Thousands evacuated

Floods charge through Germany, Czech Republic

Desperate families were plucked from rooftops by helicopters, cars were swept away by raging torrents and levees failed without warning Wednesday as central Europe was staggered under an inland ocean of flooding.

Tens of thousands of people had to be evacuated in Germany and the Czech Republic and chemical plants along the mighty Danube and Elbe rivers were hastily shut down. City officials, federal troops and emergency workers across a vast region either raced to prepare or struggled to cope as flood crests roared downstream.

More than 19,000 were evacuated in the Czech Republic. THE ASSOCIATED PRESS

Blow to rebel forces

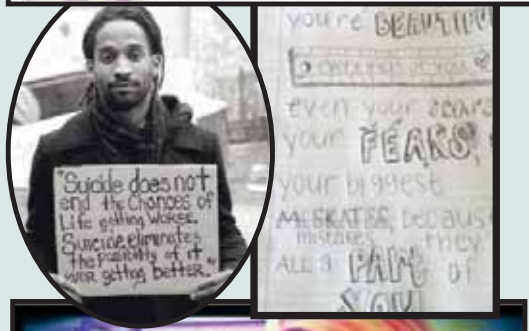
Hezbollah helps Syrian troops seize border town

Syrian troops and their Lebanese Hezbollah allies captured a strategic border town Wednesday after a gruelling three-week battle, dealing a severe blow to rebels and opening the door for President Bashar Assad's

regime to seize back the country's central heartland.

The regime triumph in Qusair, which Assad's forces had bombarded for months without success, demonstrates the potentially game-changing role of Hezbollah in Syria's civil war. The gain could also embolden Assad to push for all-out military victory rather than participate in peace talks being promoted by the U.S. and Russia. THE ASSOCIATED PRESS

Remembering Amanda



AMANDA TODD, THE B.C. TEEN WHO COMMITTED SUICIDE LAST YEAR AFTER BEING BULLIED, HAS BEEN COMMEMORATED ON FACEBOOK. THESE ARE SOME IMAGES POSTED ON R.I.P. PAGES CREATED IN HER NAME.

A NEW WAY TO #GRIEVE

Mourning deceased loved ones on social media is common, but commemorative pages can cause additional anxiety for some

RITA POLIAKOV
Metro in Toronto

On May 12, Alexandra Christopoulos wished her friend Patrick a happy birthday on Facebook.

He'll never read the post. Patrick Douglas Mott, who would have been 31 this year, died on New Year's Eve in 2009. Soon after, Mott's father started a RIP Facebook group in his son's honour, a group that has more than 200 members and hundreds of posts.

This, for many, is the new way to grieve. And some are abusing it.

While grieving through social media can be cathartic, it can also rob mourners of their privacy. For Christopoulos, Mott's online memorial helped in the healing process.

"I think, initially, grief, it's so overwhelming and shocking and you almost feel numb," said Christopoulos, adding that she turned to social media when she felt alone.

"I'll think of him randomly. I'll go online to that page and realize someone else has already been there. They're thinking of him too," she said.

Experiences vary. Amanda Todd, the B.C. teen who committed suicide last year after being relentlessly bullied, has been commemorated on Facebook and Twitter.

Her RIP pages have hundreds of thousands of likes, but have also become a forum for more bullying.

Some commenters wrote that the 15-year-old deserved her fate. A topless photo of Todd, the very one that contributed to her agony, was even posted to a memorial page.

According to Pam Fitzgerald, director of the Canadian Centre for Bereavement Education and Grief Counselling in Toronto, social media can be a free-for-all.

"With a sudden, unexpected death, people aren't always sensitive with their judgment and criticism or inaccurate information," she said.

"Anything on the Internet affects the grieving process. Gossip usually always hurts."

RIP Facebook groups and Twitter hashtags pose another problem: What if the family of the deceased doesn't want an online memorial?

Vicky White, a 17-year-old from Toronto, started

a memorial Facebook page after her classmate died in a car crash earlier this year. "It was a place for everyone to gather to share their memories," she said. "I love connections. It really doesn't matter ... whether it's a total stranger or family member. I believe everyone should be able to mourn."

But then the deceased teen's family spoke up.

"There are a lot of complications. I like to put myself out there, but the thing is, (his) family wanted privacy. They want time to heal," White said, explaining that while the page is still up, she's no longer using her friend's name when talking to the media.

Even with its pitfalls, mourning through social media has its place in the grieving process. According to Fitzgerald, it can be a useful tool when coupled with professional help or a strong support system.

"I think it can be both

Online etiquette

For those wishing to pay their respects using social media, here are some guidelines:

- Always post accurate information to avoid causing unwarranted anxiety to those trying to heal.
- Never post criticisms of the deceased.
- Don't offer advice, only condolences and support.
- Respect the privacy of those who are mourning.
- Leaving your house and having face-to-face interactions with people are also important parts of the grieving process.

positive and negative. Funeral homes now have a page where people can write messages to the family. That's positive."

Sharing the memories

"I'll think of him randomly. I'll go online ... and realize someone else has already been there. They're thinking of him too."

Alexandra Christopoulos on how the Facebook memorial page for her friend Patrick Douglas Mott, who died in 2009, has helped her grieve.



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Tories just don't understand, import-export group says

Tariff changes. Head of association charges new budget will negatively impact both businesses and consumers

The head of the Canadian Association of Importers and Exporters has launched a blistering attack on the Conservative government for what she's calling its "quest for cash" that is hurting business and will cost consumers.

Joy Nott, the president of I.E. Canada, is wading into an ongoing dispute between a coalition of television importers and the Canadian Border Service Agency over what critics are calling the Harper government's "iPod tax."

Times are a-changin'

A spokesman for the finance minister said changes were "long overdue" because the system punishes Canadian companies by giving "special breaks" to emerging powers like Brazil, China, South Korea, and India based on decades-old program.

TV importers have evidence the government has given them bad advice on tariff exemptions that Ottawa intended to later claw back, including tariffs on TVs, computer speakers and MP3 players, such as iPods.

But Nott says the problem runs deeper, and that major tariff changes announced in Finance Minister Jim Flaherty's March budget will have a rip-

ple effect on Canada's import-export community — and consumers. The budget prominently stated that import duties on some popular sporting goods would be dropped. But buried in the back pages it also noted that Canada would be "graduating" goods from 72 countries to a higher tariff classification, starting in 2015. The measure will bring in \$333 million annually, said the government.

"Quite frankly, the single line about the (General Preferential Tariff) changes actually has a much wider and much more negative impact on the ultimate consumer than duty give-aways on cricket bats and hockey sticks and whatever," Nott said in an interview.

She called the sporting goods tariff cuts "almost like a smokescreen." **THE CANADIAN PRESS**



Monkey snaps up \$76,680

They're askew and out of focus, but a set of photos taken by a talented chimpanzee named Mikki sold at auction Wednesday for 50,000 pounds (\$76,680). The blurry images of Moscow's Red Square were snapped up by a Russian buyer during a sale of Russian photography at Sotheby's in London. Mikki was trained to take photos in the 1990s by Russian conceptual artists as part of a project to challenge concepts of artistic value. **THE ASSOCIATED PRESS**

Housing market

Boost in permits throws analysts

Canada's housing market continues to confound in its resilience in the face of forces that point to a correction from sky-high levels. StatsCan reported that building permits jumped 10.5 per cent in April — 21 per cent on the residential side — a shock to economists that had expected an overall three per cent decline. **THE CANADIAN PRESS**

Market Minute

DOLLAR
96.66¢ (-0.01¢)

TSX
12,443.65 (-150.32)

OIL
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Thursday, June 6, 2013

VOICES

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ASS IF YOU NEED TO SPOIL IT...

If you spoil TV shows or movies on Facebook and Twitter you are (SPOILER ALERT!) a giant ass.

As anyone with social media likely knows, whether you wanted to or not, something big happened this weekend on the TV show Game of Thrones — something that led to an outpouring of emotional responses usually reserved for terrorism and/or Justin Bieber.

I watched it the very second I could, even though that meant spending \$25 for a cab ride to get to a night shift on time. Why? Because I knew that even with the scant number of people I haven't blocked in my Facebook feed (12 as of press time), there would be some goofus or other who would need to make a joke about whatever they saw, everybody else's enjoyment be damned.

And I was right. Some men have no honour.

I'm perfectly OK with people saying, "OMG!" or "WTF!" or any other bit of Internet alphabet soup, but after that let it end. A boss



HE SAYS

John Mazerolle
metronews.ca

of mine had the episode ruined by her dentist, for goodness' sake.

Saying specifically what happens during a show in a tweet or status update is wrong, full stop. I have an Old Testament view of this. It's wrong. There is no grey.

At worst, it shows you lack empathy and don't care if you're ruining it for other people. At best, it makes you that guy who says, "Ooooh, this part coming up is FUNNY. Watch it. Watch it!"

If that's the best you can hope for, it's time to re-evaluate your life.

Some people argue that if you don't want to be spoiled you shouldn't use Facebook and Twitter, but that's ridiculous. That's how people talk to each other. That's our email and calendar. It's a

big room we all talk in, and giving stuff away in one sentence is like walking up to someone the day after Empire Strikes Back and saying, Homer Simpson-like, "I can't believe he's Luke's father!"

If you were talking to somebody in person, you'd ask if they

saw it first. If you want to talk about it online, provide a link to your longer, spoilery thoughts.

I also don't buy the statute of limitations that says after a while spoiling is OK. I'm sour that by the time I got to Psycho and Citizen Kane I knew the twists, and I've stayed away from The Sopranos and Lost because I know how they end. (SPOILER: In the last episode of Lost, it's revealed the show sucks.)

It's been said that it's your responsibility not to be spoiled. Nonsense. That's as stupid as the argument that a hockey player who gets his head smashed into the boards shouldn't have had his backed turn in the first place, or that a doored cyclist shouldn't have been driving in heavy traffic anyway.

Remaining spoiler-free is an act of self-restraint in a world of information overload. Every viewer knows that they can know everything that happens before a show even airs by taking their smartphone out of their pocket, yet they choose to remain blissfully unaware.

Ending that for them is like walking up to someone on a diet and shoving cake in their mouth. Whether dinner or entertainment, you shouldn't spoil it.

ZOOM

Eat your art out

Didn't your mother teach you not to play with food?

Food artist Ida Skivenes adds a whole new meaning to 'artistic taste' with her recreations of famous masterpieces. The Oslo-based geographer uses toast as her canvas and adds vegetables, cheeses and fruits to complete her 'paintings.' Her series includes remakes of works by Munch, Van Gogh and Vermeer. **METRO**

Nom nom nom

30

minutes is how long Skivenes takes to complete a culinary recreation. Skivenes' book, *Eat Your Art Out: Playful Breakfasts* by Ida Skivenes (her nickname) is due in October.

Q and A

A toast to the edible canvas



IDA SKIVENES
Human geographer and food artist, 29, from Oslo, Norway

How did this nifty culinary project come about?
In June of last year, I joined Instagram to reconnect with my love for photography once more. The food art just happened along the way by way of a happy accident. I had seen some food art online, did my

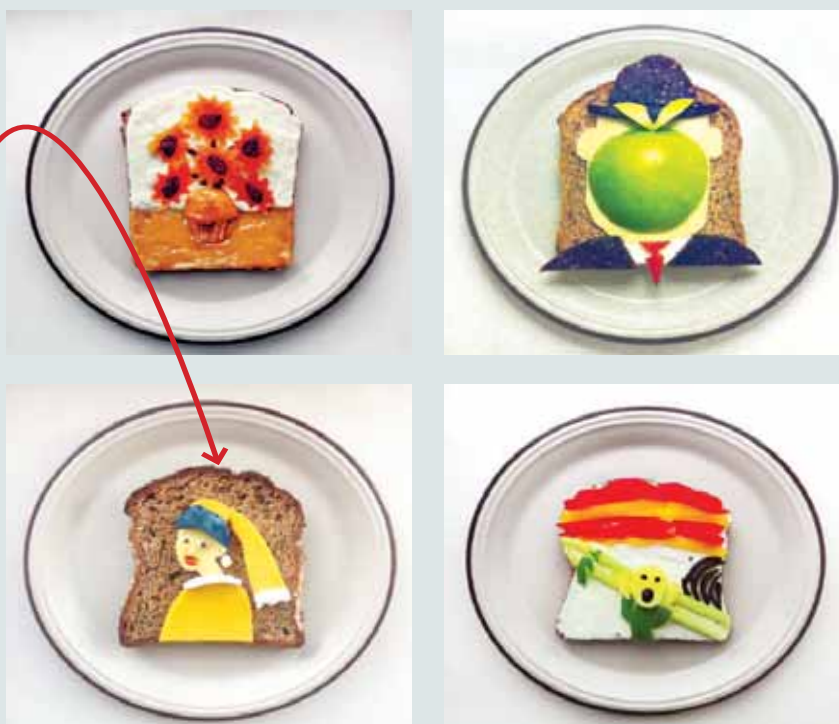
own version and posted it. After that I tried my own ideas and it turned out I had an eye for making art with food.

So you eat your artworks?
Yes, everything is made to be, and is, eaten.

What's the hardest part in

remaking famous paintings?
It's recreating the mood and the 'light' in them — and getting all the small details in place.

What do you hope viewers will take away from your work?
I want people to get curious about how art and food are connected. **METRO**



Click bait



HANNAH ZITNER
hannah.zitner@metronews.ca

So you channel a bit more clumsy Tim Taylor than careful Mike Holmes on the DIY front — no big deal. Learning to do things yourself, from homemade pies to home pages, has never been easier.

Avoid looking like a fool (or paying for help), and learn to cook, build, create, and fix pretty much anything with DIY sites.

VideoJug.com

"Get good at life." Their tagline says it all. Professionally made vids teach you how to cook, clean, play cricket and even kiss (with choice of passionate, creative or first kiss).

Howcast.com

Though learning to swim online might not be the best way to go, Howcast at

least gives you the option. It can also teach you to 'deal with summer traffic,' if that's more your bag.

Wonderhowto.com

From Minecraft to makeup, Wonder How To has videos, info graphics and forums to help you master useful and completely useless skills — this one truly is "wonderland for your inner nerd."



ISTOCK

Twitter

@metropicks asked: Atari games rumoured to be buried in a grave in New Mexico will be dug up by a team of Canadians. What game do you want brought back?

@rmmnterprises: pacman

@msjenn28: frogger. Loved that game. Use to play it at the lake on rainy days only as we always went outside when it was nice

Follow @metropicks and take part in our daily poll.

Comments

RE: Rise Of The Promposal: High School Proms Just Ain't What They Used To Be, published June 4

And you thought teen pregnancy was bad. Now they just get married way too soon for no real reason. Why is youth wasted on the young? terry mckinney posted to metronews.ca

We just attended our daughter's and I would have to say it is only as good as what you put into it, it's a shame people do not try harder as it is one day you should remember.

Justme posted to metronews.ca

WE WANT TO HEAR FROM YOU: Send us your comments: halifaxletters@metronews.ca

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SCENE

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The beat of a different drum

OBEY VI. Drummer Chris Corsano says everyone's inventing micro genres when they create original music



BACKSTAGE
PASS

Jenna Conter
halifax@metronews.ca

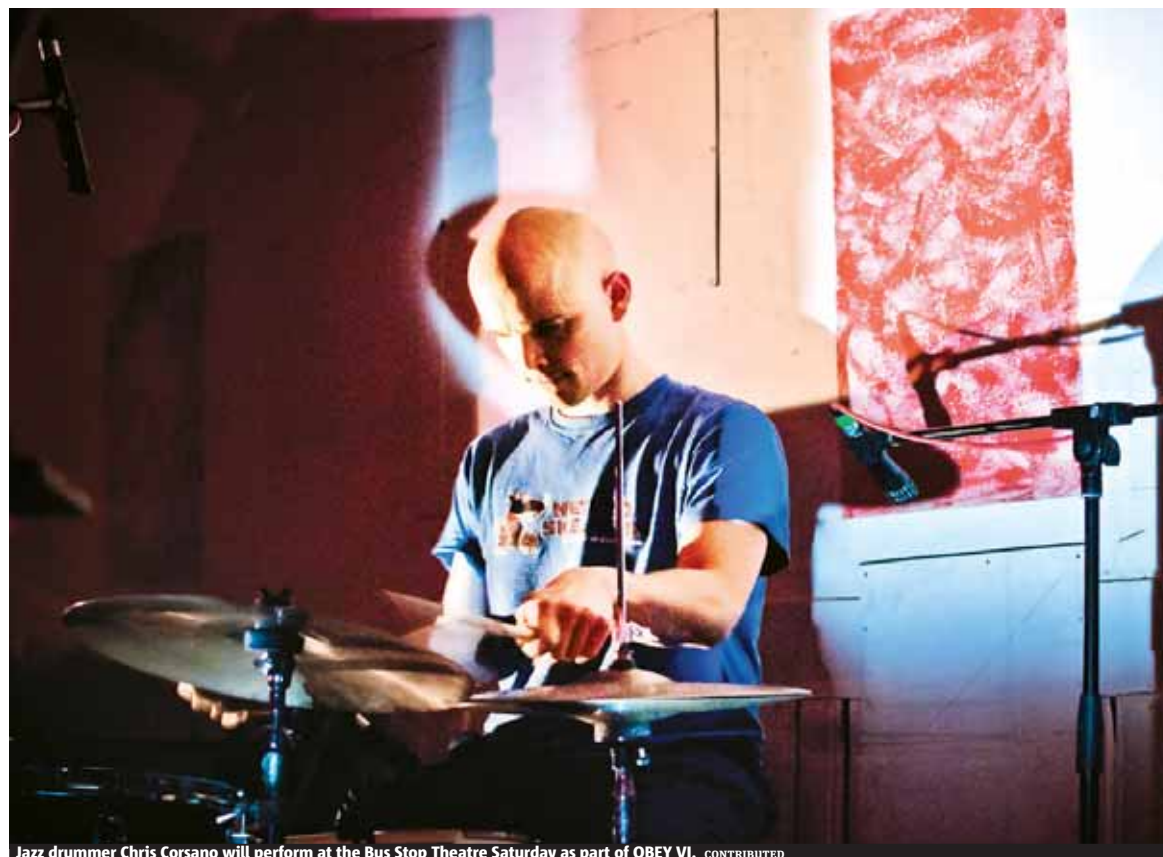
Ever since a young Chris Corsano was introduced to what many refer to as free jazz, the possibilities for this young drummer seemed endless. Taking drumming beyond the confines of keeping the beat enabled this music lover to venture into a new level and connection with his craft.

"There's a break in the history of jazz where you start to have people like Milford Graves exploring what can be done outside straight, strict metre," said Boston native Corsano, who plays The Bus Stop Theatre Saturday night as part of OBEY VI, a convention and festival that highlights artists and musical stylings from the perimeter of the "normal."

"It provoked an emotional response from me, I loved it as soon as I heard it. It answered all my questions."

With more than a beat at his disposal, Corsano went in search of new sounds with the use of found objects and materials that would help modify his drum kit and elevate his sound. As the genre continued to mature at the hands of today's creationist drummers, Corsano happily forced himself to remain original.

"Everybody becomes an inventor. You're inventing your own micro genre of music — a real personal voice. It isn't



Jazz drummer Chris Corsano will perform at the Bus Stop Theatre Saturday as part of OBEY VI. CONTRIBUTED

so concerned with trends, it's focused on what excites you about music."

Every night and every show Corsano becomes a composer.

"I want to construct a narrative in front of the audience and that happens in real time."

Since 2009, OBEY's founder

and director, Darcy Spidle, has been on the hunt for Corsano and as "one of the best drummers in the world," the excitement of Corsano's inclusion is mutual.

"I love playing festivals where not everything sounds the same and the dots are open so the connecting can happen

by the listener," he said.

For his upcoming contribution to OBEY, Corsano hopes "there is something physical and emotional that can translate. I'm not trying to be exclusive or elitist at all but I'm doing what I want to do and seeing how that fits in the sound."

Details

What: suddenlyLISTEN Presents: Chris Corsano

When: Saturday, 7:30 p.m.



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Amanda Bynes ALL IMAGES GETTY

Playboy offer seems to be a tempting Tweet for Bynes

The repercussions of Amanda Bynes' erratic behaviour aren't all bad, apparently, as the troubled former child star has been invited by Playboy Radio to co-host its afternoon show for a day. The

folks behind the offer were smart enough to reach out to Bynes via her preferred communication medium, Twitter, and she's apparently open to the idea, as she re-tweeted their offer.



Jennifer Love Hewitt

Love Hewitt loved up, engaged AND pregnant

Jennifer Love Hewitt and her Client List co-star Brian Hallisay are getting married — and expecting a baby. "This is a wonderful time and we are looking forward to starting our family," the couple says in a statement. There's no

word yet on a wedding date or a due date. Hewitt first met Hallisay while making the NBC series Love Bites, but they did not start dating until last year. Hallisay proposed last month while they were vacationing in Europe.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Paris Jackson hospitalized after possible suicide attempt



THE WORD
Dorothy Robinson
scene@metronews.ca

Being 15 is hard. Being 15 when you don't have a father, your mother was pretty much bought solely for her uterus, your family legacy is complicated (to say the least) and you are extremely wealthy must be almost unbearable. So I feel for Paris Jackson, I really

do. The 15-year-old daughter of Michael Jackson was hospitalized early Wednesday morning in what is being described as a "possible suicide attempt." Reports flew around the Internet yesterday that the attempt was either carried through via drug overdoses or cuts to her wrist after being removed via stretcher from her Calabasas, Calif., family house she shares with her legal co-guardian Katherine Jackson. TMZ.com reports that the teen was upset about not being able to go to a June 6 Marilyn Manson concert. Sadly, her Twitter page has been filled with depressive tweets as of late. The most recent one is: "yesterday, all my troubles seemed so far away now it looks as though they're here to stay."



Will Smith and Jada Pinkett Smith

Jada says she'd never abandon hubby Will once the kids are alright

While she and husband Will Smith have battled their share of breakup rumours in the past year, Jada Pinkett Smith is standing by her man. "What is the one thing that Will could do to make me not love

him? That would make me abandon him? I can't think of one, I'm sorry," she tells Redbook magazine. "Except if he did something bad to the kids — now we've got a problem."



Twitter



@Rihanna
Got the keys to #CoCoChanel's apartment!!!
Yesterday=Most Legendary day in Paris!!!!



@TheRealRosanne
today was my third earthquake in a month-



@pattonoswalt
As the Ambien drapes its sleep-shawl over my eyelids, it whispers, "Stay on Twitter. Let the world know my garbled wisdom."

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A product junkie gossips

Beauty. Tika Sumpter has a flawless face and weakness for budget beauty products. We look inside her makeup bag.

ROMINA
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Metro World News



Tika Sumpter currently stars in the upcoming series *The Haves and the Have Nots* on the Oprah Winfrey Network. MICHELLE BOBB-PARRIS



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Hue
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COVERGIRL.COM

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"I'm a no-fuss makeup person and this colour is so easy and wearable. I don't like lip gloss because it comes off easy but this stuff—even if it does come off, you can just throw it back on."

TARTECOSMETICS.COM



Tika on:

Her beauty takeaways from *Gossip Girl* and *Sparkle*

"*Gossip Girl* was a very clean show. They didn't do heavy makeup. But the movie *Sparkle* introduced me to '60s makeup, which I'm now obsessed with. If you're going to line my eyes, it now has to be the blackest liner possible."

Her favourite DIY beauty elixirs:

"At night, I take a wash-rag, add a pump of coconut oil and remove my makeup with hot water. Then I wash my face with the Murad AHA/BHA Exfoliating Cleanser (murad.com) and moisturize with a dab of Keri lotion. I do the same in the morning, minus the oil."

Her go-to complexion fixer:

"I'm pretty religious with my skin care. But sometimes, I come home and I'm like, 'I don't care!' And when I wake up, my pillow is covered in makeup and I can hear my pores screaming. To fix things, I'll apply the Queen Helene Mint Julep Masque (queen-helene.com). It shrinks your pores and dries up pimples."

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Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.



Camping it up at Peabody's Photo Parlour with @JoeyOneil @DawsonCityYukon



Out+about @DawsonCityYukon



Gents' sartorial fare at the old Oak Hall emporium @DawsonCityYukon



At Everleigh on King W at fall launch of #WilliamRast label @jtimberlake founded. Now to opera ball!

The Kit

Canadian street style

Spotted in: Toronto

Ana

Actress and shop girl at Bicycleette Boutique

Age: 27

What she's wearing

Bicycleette skirt and tank top, Forever21 denim vest, H&M sunglasses, Lauren Elan bracelets, Hoakon Helga purse, and leather sandals from Croatia.

Her inspiration

I'm inspired by the stylish girls I work with, they are always updating me on the trends! My go-to style blogs are: Sincerely Jules, The Blonde Salad and Refuses to Label. I'm also a huge vintage collector and lover, the '60s boho vibe is always a staple for me!

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We asked our Metropolitan Panel what spring activity they most looked forward to.*

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Decorating trends for the cool kids

In a few weeks school will be ending for many elementary school children. With a week or two lagging before summer camp, it's a great time to get them organizing and sprucing up their bedrooms. Online shopping is easier than ever, so maybe it's time to let the kids be creative and do a little shopping for ways to 'trend-up' their room; of course you will want to keep your credit card number a secret! Here's a few smart decor items to create an on-trend wonderland.



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

PF55 honey brulee

Best drama paint

Want a paint colour that looks as perfect with denim blues as with hot pink? Try

Para Paint's honey brulee PF55 for a punch of acidic gold to wake up any space. para.com.

Sleeping in space

When the lights go out you're off to outer space with the photorealism of the Astronaut Duvet Cover Set, \$95, Simons.ca.



Dream Beds

Gypsy prints inspire hours of mind-wandering and writing in diaries with the Daydreamer Quilted Collection, \$48 to \$228, anthropologie.com.



Earth under foot

Play on top of the world with the Trompe L'Oeil Earth Floor Mat, \$175 (4x6), urbanoutfitters.com.



Keeping it organized

Keep everything organized with fabric-covered boxes and totes. Geo Storage Boxes, \$29 to \$39, potterybarnkids.ca.



Removable wall art

Direct traffic in and out of your bedroom with iconic road signs that are peel and stick easy! Road Signs, \$35 set of 14 stickers, wallpops.com.



Sit pretty

Create a whimsical wonderland bedroom with a colourful crocheted toadstool. Mushroom Pouf, \$168, anthropologie.com.



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*Do not use on unfinished wood, oiled or waxed wooden boards, non-sealed tiles or carpeted floors because they may be water sensitive.

FOR MORE INFORMATION VISIT SWIFFER.CA



Cream-heavy Pasta Primavera slims down for the summer



This recipe serves six. It contains 390 calories and seven grams of fat per serving. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE)



ROSE REISMAN
for more, visit
rosereisman.com or follow
her on twitter @rosereisman

This is my light version of Pasta Primavera, which is usually made with a heavy cream sauce loaded with calories and fat.

1. Cook pasta in boiling water according to package instructions or until firm to the bite. Just before the pasta is cooked, add the broccoli, snow peas, red peppers and green peas to the boiling water, and cook for 2 minutes. Drain and place in serving bowl. Add tomatoes, basil, parsley and cheese.

2. Meanwhile, make the sauce: In nonstick saucepan, melt margarine; add flour and cook for 1 minute, stirring constantly. Slowly add milk, stock, garlic, and salt and pepper; stir constantly until sauce slightly thickens,

Ingredients

- 12 oz linguine
- 1 1/2 cups chopped broccoli
- 1 1/2 cups chopped snow peas
- 1 cup sliced red peppers
- 1 cup frozen green peas
- 1 2/3 cups chopped tomatoes
- 1/2 cup chopped fresh basil
- 1/4 cup chopped parsley
- 1/3 cup grated Parmesan cheese

Sauce

- 1 tbsp margarine or butter
- 2 tbsp all-purpose flour
- 1 cup 2% milk
- 1 1/4 cups chicken stock
- 1 1/2 tsp crushed garlic
- Salt and pepper
- 1/4 cup Parmesan cheese

approximately 4 minutes. Add 1/4 cup grated Parmesan cheese until melted. Remove from heat. Add to pasta, garnish with 1/3 cup grated Parmesan and toss well. **ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE) BY ROSE REISMAN**

For your phone



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

Mind Watering (iPad; \$4.99)

With ingredients perfectly laid out, timers at the ready and page-turning voice commands, this very visual step-by-step cookbook of 51 recipes and tricks is deliciously organized.



Metro Exclusive

Cook with Vikram Vij and Metro

Metro and Vikram Vij are teaming up once again to give readers on opportunity to cook along with the renowned chef during a live webstream tonight at

9 ET/6 PT at metronews.ca/vijcooklive. Don't have your ingredients yet? Go to metronews.ca to download a shopping list so you can hit the store on your way home. You can also get a copy of the recipe so you can follow along as Vij cooks live. You will also be able to tweet him at #VijCookLive. **METRO**

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The main event: Grant tops UFC 164 marquee

Ultimate challenge.

Cole Harbour mixed martial artist says fighting Henderson will be toughest test yet



PHILIP CROUCHER
philip.croucher@metronews.ca

T.J. Grant now knows the date of the biggest fight of his MMA career.

The 29-year-old from Cole Harbour will be headlining UFC 164 in Milwaukee as he takes on champion Benson Henderson for the light-weight title on Saturday, Aug. 31.

Grant earned his first-ever UFC title shot by disposing of Gray Maynard at UFC 160 in Las Vegas last month in an impressive first-round TKO.

"A big opportunity for me, man," Grant said Wednesday. "The emphasis is all Benson Henderson from here on out.

"This is everything I could ever imagine. This is really



T.J. Grant will be training hard this summer gearing up for his first UFC title fight. METRO FILE

the epitome of sport, to fight for a world title. To get the opportunity to do that, it doesn't even

seem like it has sunk in yet."

Grant is going into the fight in great shape — both physically and mentally. His fight against Maynard ended just 2:07 into the first round, meaning little in the way of

damage to Grant.

The victory also improved his record to 5-0 since moving to lightweight, helping to grow his confidence and reputation as one of the best fighters in the division.

However, Henderson will be the toughest test he's ever faced. Henderson, 29, is 18-2 and has won three straight title defences. As well, because it's a title fight, it will be scheduled for five five-minute rounds instead of three.

"He's the champ. He's got a lot of tools in his arsenal," Grant said. "He's really got no weaknesses, but there's obviously points that you have to look to exploit, things I think I'm good at and he's not. Just have to find those. At

this level, they don't get any easier and this fight is definitely going to be the toughest fight of my life."

The fight isn't the only major event coming up in Grant's life. The new father of a five-week-old baby girl Casey is also getting married on Oct. 5 to his fiancée Belinda. Grant said the wedding is taking place in HRM.

"I am just looking forward to do my best to win this fight so I can enjoy my wedding," he said.

Battle plan

"My mindset is just going to be work my butt off, train hard, and eat, breathe, and sleep Benson Henderson. Just get ready to go to battle."

T.J. Grant on UFC 164 opponent Benson Henderson, pictured left.

QMJHL. Screaming Eagles to draft Nicolas Roy first overall: Dumont

Draft day won't be terribly climactic for fans of the Cape Breton Screaming Eagles. Marc-Andre Dumont has already pegged his top pick.

Cape Breton's head coach and general manager said he'll be selecting forward Nicolas Roy with the first overall selection in the 2013 Quebec Major Junior Hockey League draft on Saturday in Chicoutimi, Que.

"Our choice is Nicolas Roy. He's by far the best player

available," said Dumont. "He's a franchise player. He's got Mario Lemieux's poise with the puck. He's not a Mario Lemieux, but he has that poise. He's a team player. He's a very good person."

Roy enters the draft as the top-ranked prospect. The six-foot-four, 168-pound forward had 15 goals and 18 assists for 33 points in 27 games in an injury-shortened season with the Amos Forestiers of the Quebec midget AAA league.

He was awarded the Mario Lemieux Trophy as the best 15-year-old prospect.

Media reports from Quebec this week suggest that Roy is keeping the NCAA route open as an option, but that's not scaring off Dumont.

"He's got to answer if those options are serious enough for him. I don't want to talk for him, but I do believe we have a fantastic program to offer him," he said.

CAPE BRETON POST

Eagles' wait in the wings

The Screaming Eagles will have the first-overall pick in the draft after winning the draft lottery on April 4 with the Shawinigan Cataractes.

- In 2004, Cape Breton selected James Sheppard with their first ever first-overall pick acquired from the Halifax Mooseheads.



Nicolas Roy CONTRIBUTED

Keith canned for Game 4 vs. Kings

NHL playoffs.

Top Chicago defender suspended one game for high stick on Carter

If the Chicago Blackhawks are going to end the Los Angeles Kings' perfect post-season on home ice in Game 4 of the Western Conference finals, they'll have to do it without their top defence-man.

Duncan Keith will sit out Thursday under a one-game suspension for high-sticking Los Angeles' Jeff Carter. Keith hit Carter with a one-handed blow in the second period of the Kings' 3-1 victory in Game 3, opening a 20-stitch gash on the star forward's face and cracking three of his teeth.

Chicago has a 2-1 series lead and could take control with a win in Game 4, but

Cracked, but not broken



"There's bigger things to worry about right now."

Kings forward Jeff Carter when asked about his injuries on the Duncan Keith high stick. Carter was cut for 20 stitches and had three teeth cracked.

the uncertainty of Keith's fate hung over both teams' practices Wednesday. Keith is enormously important to the powerful Blackhawks, easily leading the club in ice time and ranking third in playoff scoring with 10 points.

Sheldon Brookbank, the likely candidate to take Keith's place in the Blackhawks' lineup, hasn't played in the post-season.

"It's been our strength

pretty much all season, our depth on our blue line," Chicago defenceman Niklas Hjalmarsson said before the suspension was announced. "So whatever happens with that, I think we're going to be all right. I'm sure if something happens, Brookbank is going to come in and play good. All of the D-men have to step up a little more if that happens."

Keith, whose ungloved hand was nearly slashed by Carter an instant earlier, got a double minor penalty for his high stick, but was allowed to stay in Game 3.

Keith is classified by the NHL as a repeat offender after elbowing Vancouver's Daniel Sedin in the head late last season, sidelining Sedin well into the playoffs.

Keith attempted to apologize to Carter on the ice, claiming the high stick was an accident.

THE ASSOCIATED PRESS



Sharapova sidesteps upset

Maria Sharapova celebrates match point against Jelena Jankovic at the French Open on Wednesday in Paris. It was the first victory of Sharapova's career after losing an opening set 6-0. Her opponent in Thursday's semifinal will be two-time Australian Open champion Victoria Azarenka. CLIVE BRUNSKILL/GETTY IMAGES

Legislative bout

House of Commons votes yes on MMA

The House of Commons has passed a bill legalizing contact sports such as mixed martial arts.

The legislation, which originated in the Senate, takes certain fighting sports, including taekwondo and karate as well as MMA, out of legal limbo.

The sports were not technically covered under prize-fighting law, making it difficult to regulate them and protect the fighters' safety.

The bill passed the Commons easily with 267 members of parliament in favour and only nine opposed.

Section 83.1 of the Criminal Code only exempted boxing. Some jurisdictions ignored the antiquated wording of the law. Currently, MMA is sanctioned at a provincial level in B.C., Manitoba, Nova Scotia, Ontario and Quebec, while it has been sanctioned on a municipal level within Alberta, New Brunswick and the Northwest Territories.

THE CANADIAN PRESS

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NHL PLAYOFFS

CONFERENCE FINALS

(Best-of-7; All Times Eastern)

EASTERN CONFERENCE

PITTSBURGH (1) VS. BOSTON (4)

(Boston leads series 2-0)

Wednesday's result

Pittsburgh at Boston

Monday's result

Boston 6 Pittsburgh 1

Saturday's result

Boston 3 Pittsburgh 0

Friday's game

Pittsburgh at Boston, 8 p.m.

Sunday's game

x-Boston at Pittsburgh, 8 p.m.

Tuesday, June 11

x-Pittsburgh at Boston, TBD

Wednesday, June 12

x-Boston at Pittsburgh, TBD

WESTERN CONFERENCE

CHICAGO (1) VS. LOS ANGELES (5)

(Chicago leads series 2-1)

Tuesday's result

Los Angeles 3 Chicago 1

Sunday's result

Chicago 4 Los Angeles 2

Saturday's result

Chicago 2 Los Angeles 1

Thursday's game

Chicago at Los Angeles, 9 p.m.

Saturday's game

Los Angeles at Chicago, 8 p.m.

Monday, June 10

x-Chicago at Los Angeles, 9 p.m.

Wednesday, June 12

x-Los Angeles at Chicago, TBD

x — played only if necessary

NBA PLAYOFFS

FINAL

(Best-of-7)

MIAMI (1) VS SAN ANTONIO (2)

Thursday's game

San Antonio at Miami, 9 p.m.

Sunday's game

San Antonio at Miami, 8 p.m.

Tuesday, Jun. 11

Miami at San Antonio, 9 p.m.

Thursday, Jun. 13

Miami at San Antonio, 9 p.m.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	36	24	.600	—
New York	34	25	.576	1½
Baltimore	33	26	.559	2½
Tampa Bay	32	26	.552	3
Toronto	25	34	.424	10½

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	31	26	.544	—
Cleveland	30	29	.508	2
Minnesota	26	30	.464	4½
Chicago	25	32	.439	6
Kansas City	24	32	.429	6½

WEST DIVISION

	W	L	Pct	GB
Texas	36	22	.621	—
Oakland	36	25	.590	1½
Los Angeles	26	34	.433	11
Seattle	26	34	.433	11
Houston	22	38	.367	15

Wednesday's results

N.Y. Yankees 6 Cleveland 4
 Chicago White Sox 7 Seattle 5 (16)
 Chicago Cubs 8 L.A. Angels 6 (10)
 Tampa Bay 3 Detroit 0
 Texas 3 Boston 2
 Houston 11 Baltimore 7
 Kansas City 4 Minnesota 1

Tuesday's results

N.Y. Yankees 4 Cleveland 3
 Detroit 10 Tampa Bay 1
 Boston 17 Texas 5
 Baltimore 4 Houston 1
 Minnesota 3 Kansas City 0
 L.A. Angels 4 Chicago Cubs 3
 Seattle 7 Chicago White Sox 4

Thursday's games

All times Eastern
 Tampa Bay (Hernandez 3-5) at Detroit (Scherzer 7-0), 1:08 p.m.
 Baltimore (Gonzalez 2-2) at Houston (Norris 5-4), 2:10 p.m.
 Texas (Holland 5-2) at Boston (Lester 6-2), 7:10 p.m.
 Oakland (Straily 3-2) at Chicago White Sox (Quintana 3-2), 8:10 p.m.
 Minnesota (Pelfrey 3-6) at Kansas City (Davis 3-5), 8:10 p.m.
 N.Y. Yankees (Hughes 2-4) at Seattle (Harang 2-5), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	37	22	.627	—
Philadelphia	30	30	.500	7½
Washington	29	30	.492	8
New York	23	33	.411	12½
Miami	16	44	.267	21½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	38	20	.655	—
Cincinnati	36	24	.600	3
Pittsburgh	35	25	.583	4
Chicago	24	33	.421	13½
Milwaukee	22	36	.379	16

WEST DIVISION

	W	L	Pct	GB
Arizona	33	25	.569	—
Colorado	32	28	.533	2
San Francisco	31	28	.525	2½
San Diego	26	32	.448	7
Los Angeles	25	32	.439	7½

Wednesday's results

Atlanta 5 Pittsburgh 0
 Philadelphia 6 Miami 1
 Oakland 6 Milwaukee 1
 Toronto 4 San Francisco 0
 N.Y. Mets 10 Washington 1
 Colorado 12 Cincinnati 4
 Arizona at St. Louis

Tuesday's results

Philadelphia 7 Miami 3 (11)
 Washington 3 N.Y. Mets 2
 Colorado 5 Cincinnati 4
 Atlanta 5 Pittsburgh 4 (10)
 Milwaukee 4 Oakland 3 (10)
 Arizona 7 St. Louis 6 (14)
 L.A. Dodgers 9 San Diego 7
 San Francisco 2 Toronto 1

Thursday's games

All times Eastern
 N.Y. Mets (Marcum 0-6) at Washington (Gonzalez 3-3), 7:05 p.m.
 Arizona (Kennedy 3-3) at St. Louis (Miller 6-3), 7:15 p.m.
 Philadelphia (Cloyd 1-2) at Milwaukee (Peralta 4-6), 8:10 p.m.
 San Diego (Cashner 4-3) at Colorado (Chacin 3-3), 8:40 p.m.
 Atlanta (Hudson 4-4) at L.A. Dodgers (Greinke 2-1), 10:10 p.m.

Horoscopes

Aries

March 21 - April 20

Someone will call on you to mediate a dispute today and while you would prefer not to get involved, you can't really say no. Look at the facts and deliver your verdict — then get out of the way fast.

Taurus

April 21 - May 21

It may be tempting to get angry with someone who brings you bad news but it's not their fault — and won't solve a thing. Besides, if you are honest, you'll admit part of the blame rests with you.

Gemini

May 22 - June 21

Cosmic activity in and around your birth sign may make all things possible but you still need to select your aims with care. Even a Gemini has only a fixed amount of time and energy to invest. Use it wisely.

Cancer

June 22 - July 23

For some reason, you appear to believe that if you don't act immediately you will miss out. Nothing could be further from the truth. In fact, you should drag your feet a little.

Leo

July 24 - Aug. 23

If you try to please too many people, you will end up pleasing no one. You can't do favours for everyone but you can do favours for those who count the most — or whose need is most urgent.

Virgo

Aug. 24 - Sept. 23

A plan close to your heart is coming together and you are almost ready to announce it to the world. Don't be too hasty. Make sure it's foolproof.

Libra

Sept. 24 - Oct. 23

Don't read into what others say today. Most likely they are talking about things they know nothing about. Trust your instincts, even when they lead you in a different direction than everyone else.

Scorpio

Oct. 24 - Nov. 22

Put the past behind you and move on with a smile. Whatever mistakes you may have made mean nothing now, so why make a big issue of them? Life is a learning experience, with lots of loving.

Sagittarius

Nov. 23 - Dec. 21

Never mind what others expect of you, what do you expect of yourself? That question is important but never more so than now as the approaching new moon maximizes your options. Identify your goals.

Capricorn

Dec. 22 - Jan. 20

You may not be the sort to back out of a fight but you are smart enough not to start one when you know you can't win. Someone you work with may be a drag but they also have all the power, so be nice.

Aquarius

Jan. 21 - Feb. 19

Temper may get a bit frayed today but looking back you may wonder what all the fuss was about. Still, it's always good to get bad feelings out in the open.

Pisces

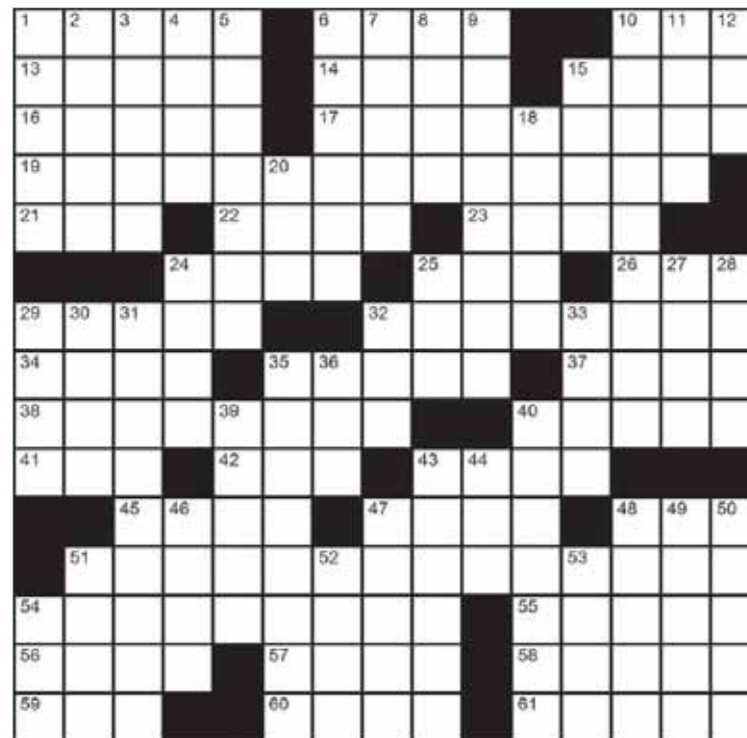
Feb. 20 - March 20

Pay attention to a colleague's personal needs today because their interests and your interests are more closely connected than you might imagine. SALLY BROMPTON

Crossword: Canada Across and Down

Across

- Bard's below
- Carlos ___ (Spanish tennis player)
- ___-mo replay
- Bonus
- Mischa of "My Man Godfrey" (1936)
- "Take ___ face value."
- Measuring stick
- Rolled-around breakfast sight at work: 2 wds.
- JUNE 6TH, 1944: Juno, Gold, Sword, Omaha and Utah: 2 wds.
- Progressive rock band
- Ye's follower
- "To Live and Die ___." (1985)
- Russian assembly
- Trellis plant
- Dove's murmur
- Batman abode, Wayne ___
- Escape from prison: 2 wds.
- Camaro model, ___-Z
- Attempts
- Against
- Tidy or groom: 2 wds.
- Category
- Fitness system, ___ Bo
- Mil. command posts
- Eminem movie, "8 ___" (2002)
- Shirley Ann ___



- (Pulitzer-winning writer)
- Drive a bike
- Potpie morsel
- Meal time-savers: 2 wds.
- "___ in Seattle" (1993)
- Annuls
- Camping beds

- Have ___ to pick
- Mr. Coombs of "Mr. Dressup"
- "___ showtime!"
- Lacking
- Adjust, as an alarm clock

Down

- Broken-eyeglasses-

- with-tape characteristic
- Give off, as confidence
- Maps book
- Deuce-ace
- Halifax ___
- Ancient fortress atop a plateau of Israel

- Unit of weight
- Casual affirmative
- In Ottawa: Library and ___ Canada
- Quebec City, when it was an Iroquoian village
- Metallica drummer Mr. Ulrich
- Baseball great Mel

- Suffix with 'Poet'
- Where Nairobi is the capital
- Tree type
- TV show genre, ___-drama
- Choler
- Baseball stats
- "Willie and the Hand Jive" by Johnny ___
- Maid of the ___ (Boat ride at Niagara Falls)
- Harp, in Italy
- Tom Cochrane tune: 2 wds.
- Marcel Marceau's clown
- Leafy veggie
- Agave beverages
- Toys "___" (Chain store)
- Victor
- The ___ Family, as on TV classic "Leave It to Beaver"
- Central spots
- Partners to egos
- Roger who played Robin Colcord on "Cheers"
- Myrrh, for example
- Inflections
- Moviedom's Mr. Murphy
- Strong point
- Conspiracy
- "___: Warrior Princess"
- Handed-down history
- ___-Fi

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

Yesterday's Crossword

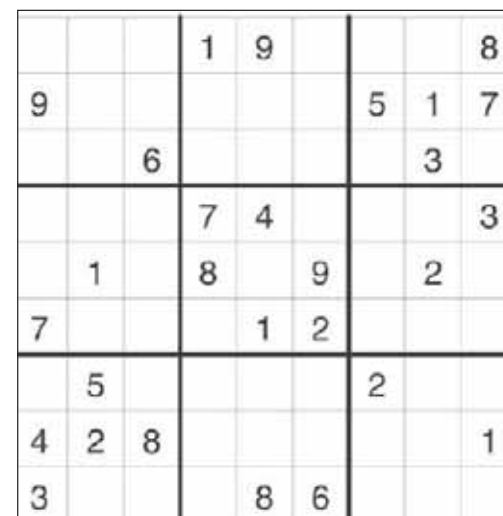


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

19°/10°
Partly cloudy

Friday

17°/9°
Cloudy

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